

APPETIZERS



SOL NACHOS

Crispy chips topped with grilled chicken or steak, beans, guacamole, sour cream, melted cheese & cilantro



QUESO FUNDIDO

Cheese fondue with chorizo. Served with flour or corn tortillas.

GUACAMOLE

Fresh avocados with onion, lime & cilantro.

TAQUITOS

Crispy hand-rolled flour tortillas filled with beef or chicken, cut into 8 bite-sized pieces topped with melted cheese. Served with guacamole, sour cream & chipotle sauce.

CEVICHE

Cooked chilled shrimp mixed with cilantro, onions, lime, chile serrano & cucumbers. Served with tortilla chips.

TRIO SAMPLER

Queso Fundido – Taquitos - Sol Nachos

QUESADILLA

Grilled chicken, toasted flour tortilla, sour cream, chipotle sauce & pico de gallo.

AGUACHILES

Spicy shrimp cooked in lime juice, & mixed with lime, cucumber, serrano chile & onion.

SOUPS



CALDO DE RES

Beef soup with potatoes, carrots, squash, corn & cilantro. Served with rice & **hand-made tortillas**.



CALDO DEL MAR

Shrimp & fish soup with potatoes, carrots, squash, cilantro, onions, green & red bell peppers. Served with **hand-made tortillas**.

TORTILLA SOUP

California chile, onion & tomato based broth with crispy tortilla strips, avocado & garbanzo beans.

SALADS

CAESAR

Romaine lettuce, Caesar dressing, red onion, & parmesan cheese.

FAJITA

Steak or chicken sauteed with onions, green & red bell peppers, tomatoes, & topped with avocado.

SOL

Charbroiled chicken, romaine lettuce, cucumbers, apples, cranberries, almonds, crispy tortilla chips & raspberry vinaigrette dressing.

BAJA

Grilled chicken with red onion, tomatoes, & topped with mandarins.

SHRIMP

Grilled shrimp sauteed with caramelized onions, green & red bell peppers, topped with tomatoes, mandarins, & croutons.



FAJITA SALAD

SEAFOOD

Choose Two Sides

Rice - Whole Beans - Refried Beans - Steamed Vegetables

FISH TACOS

Two crispy fish tacos served on warm flour or corn tortillas topped with chipotle sauce, cabbage, pico de gallo, & cilantro. OPTIONAL: GRILLED FISH

SHRIMP TACOS

Two grilled shrimp tacos sauteed in pico de gallo & sour cream, in a warm flour or corn tortillas topped with cabbage & cilantro.

SHRIMP RANCHERO

Tomato-based salsa with onions, green & red bell peppers. Served with **hand-made corn** or flour tortillas.

SOL SHRIMP

Spicy lemon butter sauce. Served with **hand-made corn** or flour tortillas.

MOJO DE AJO

Shrimp sauteed in garlic butter sauce. Served with **hand-made corn** or flour tortillas.

DIABLA

Shrimp sauteed in a sweet & spicy tomato-based chipotle & guajillo salsa. Served with **hand-made corn** or flour tortillas.



FISH TACOS



SOL SHRIMP

QUESABIRRIAS

☼ QUESABIRRIA TACOS

Three crispy golden corn tortillas stuffed with slow-braised birria beef & melted cheese, served with fresh onions, cilantro, & rich consommé for the perfect savory dip.



SOL SPECIALTIES ESPECIALIDADES

Your choice of **soup or salad** & two sides.

Choose Two Sides: Rice - Whole Beans - Refried Beans - Steamed Vegetables



☼ MOLCAJETE

Cheese, grilled cactus, grilled banana pepper, orange slices, & specialty house salsa.
Served with **Hand-made tortilla**.



☼ FAJITAS

Hot skillet with choice of meat, sautéed onions, tomatoes, green & red bell peppers.
Served with **Hand-made tortilla**.

MANGO & CHIPOTLE CHICKEN

Charbroiled chicken breast sautéed in spicy chipotle mango salsa & topped with diced mangos & tomatoes.

CHICKEN WITH MOLE

Chicken cooked in the most traditional Mexican chili sauce. Served with **Hand-made tortilla**.

STUFFED CHICKEN

POLLO RELLENO

Chicken breast filled with mozzarella cheese & spinach. Topped with a mild mushroom cream sauce.

CARNE ASADA PLATE

Angus Choice Top Sirloin with guacamole & signature salsa. Served with **Hand-made tortilla**.

☼ TAMPIQUEÑA

Angus Choice Top Sirloin with guacamole, signature salsa, & cheese enchilada. Served with **Hand-made tortilla**.

STEAK RANCHERO

Diced Angus Choice Top Sirloin cooked in a tomato-based spicy ranchero sauce with tomatoes, onions, green & red bell peppers. Served with **Hand-made tortilla**.

TRADITIONAL

TRADICIONALES

Choose Two Sides: Rice - Whole Beans - Refried Beans - Steamed Vegetables



MOST POPULAR

ENCHILADAS

Choice of two beef, chicken or cheese topped with red enchilada sauce, melted cheese & sour cream.



MOST POPULAR

ENCHILADAS SUIZAS

Choice of two beef, chicken or cheese topped with green enchilada sauce, melted cheese & sour cream.

CRISPY TACOS

Two beef or chicken crispy tacos topped with lettuce, pico de gallo & cheese.

FLAUTAS

Three beef or chicken crispy flour taquitos topped with sour cream, fresh pico de gallo & cheese.

CHIMICHANGA

Beef or chicken deep fried burrito topped with sour cream, fresh guacamole & cheese.

BEEF TAMALES

Two beef tamales topped with enchilada sauce, melted cheese & sour cream.

WET BURRITO

Shredded beef or chicken burrito topped enchilada sauce & melted cheese.

THREE AMIGOS

Chicken, steak & carnitas tacos topped with guacamole & fresh pico de gallo.

CARNITAS

Braised pork served with fresh guacamole, pico de gallo, & **hand-made** tortillas.

CHILE VERDE

Braised pork cooked in tomatillo sauce & served with **hand-made** tortillas.



SOL **QUESADILLA**

Large flour tortilla, with grilled chicken or charbroiled steak, & melted cheese. Side of sour cream, & chipotle sauce.



CHILE **RELLENOS**

Two Anaheim peppers stuffed with cheese & topped with red enchilada sauce, cheese, & flour tortillas.

A LA CARTE

BURRITOS

CARNE ASADA

Beans, rice, guacamole, fresh pico de gallo.

GRILLED CHICKEN

Beans, rice, guacamole, fresh pico de gallo.

CARNITAS

Beans, rice, guacamole, fresh pico de gallo.

SHRIMP

Rice, sour cream, pico de gallo.

FISH

Chipotle sauce, cabbage, pico de gallo, & cilantro.

CHILE RELLENO

Anaheim pepper stuffed with cheese & topped with red enchilada sauce & side of sour cream.

TAMALE

Beef tamale topped with enchilada sauce melted cheese & sour cream.

SOFT TACO

CARNE ASADA

Guacamole, pico de gallo.

GRILLED CHICKEN

Guacamole, pico de gallo.

CARNITAS

Guacamole, pico de gallo.

SHRIMP

Sour cream, cabbage, pico de gallo & cilantro.

FISH

Chipotle sauce, cabbage, pico de gallo, & cilantro.

CRISPY TACO

Beef or chicken. Lettuce, pico de gallo, cheese.

ENCHILADA

Cheese, beef or chicken topped with enchilada sauce, sour cream, & melted cheese.

VEGETARIAN

VEGETARIANOS

Choose Two Sides: Rice - Whole Beans - Refried Beans - Steamed Vegetables

CHEESE ENCHILADAS

Two red or green enchiladas topped with sour cream, melted cheese & cilantro.

BEAN TOSTADA

Topped with lettuce, pico & cheese.

VEGGIE or BEAN BURRITO

Veggie: Rice, beans, lettuce, pico, sour cream, & cheese.

Bean: Bean & Cheese.

CHEESE QUESADILLA

Large flour tortilla filled with cheese & side choice of dipping sauce.

DESSERTS

CHEESECAKE



HOMEMADE FLAN

